## **August 2023 Program Listings**

Please note programs are subject to change without notice. All programs are copyrighted and may not be used elsewhere in part or in whole.

Millis Community Media Programs for August 6, 2023 – August 12, 2023

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Sun. Aug. 6
7:00 p.m.
            Health Links: Parkinson's Disease – part 1
8:00 p.m.
            Health Links: Parkinson's Disease – part 2
9:00 p.m.
            3A MBTA Zoning Public Meeting – 8/2
Mon. Aug. 7
             Dehydration & Heat Stroke: What You Need to Know
7:00 p.m.
7:15 p.m.
             3A MBTA Zoning Update
7:21 p.m.
            Good Deeds – with Norfolk County Registrar of Deeds
7:51 p.m.
           Extreme Survival w/ author Michael Tougias
8:55 p.m.
            Select Board Meeting – 7/10
Tues. Aug. 8
7:00 p.m.
            For Your Health: Seasonal Allergies
7:30 p.m.
             Planning Board - live
             Followed by Finance Committee – 7/12
Wed. Aug. 9
7:00 p.m.
            Emergency Preparedness – be ready
8:09 p.m.
            3A MBTA Zoning Public Meeting – 8/2
            Followed by Dehydration and Heat Stroke: What You Need to Know
Thurs. Aug. 10
7:00 p.m.
            Extreme Survival w/ author Michael Tougias
8:05 p.m.
            Good Deeds – with Norfolk County Registrar of Deeds
8:35 p.m.
            Planning Board -8/8
Fri. Aug. 11
7:00 p.m.
            Health Links: Art and Music Therapy
8:00 p.m.
            3A MBTA Zoning Public Meeting – 8/2
             Followed by Planning Board - 8/8
Sat. Aug. 12
            In the Know – with Norfolk County Sheriff Patrick McDermott – summer safety
7:00 p.m.
7:30 p.m.
            Extreme Survival w/ author Michael Tougias
8:35 p.m.
            Finance Committee – 7/12
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To view our programs on demand, visit our website at <a href="www.millismedia.org">www.millismedia.org</a> or visit our Facebook page or YouTube channel.

Millis Community Media Programs for August 13, 2023 – August 19, 2023

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Sun. Aug. 13
            3A MBTA Zoning Public Meeting
7:00 p.m.
            Followed by Emergency Preparedness – be ready
            Then...In the Know with Norfolk County Sheriff Patrick McDermott – summer safety
Mon. Aug. 14
7:00 p.m.
             Select Board - live
             Followed by Health Links: Brain Health
Tues. Aug. 15
7:00 p.m.
            Good Deeds – with the Norfolk County Registrar of Deeds
7:30 p.m.
             Planning Board-8/8
             Followed by Emergency Preparedness – be ready
Wed. Aug. 16
7:00 p.m.
            Finance Committee -7/12
8:39 p.m.
            Select Board Meeting – 8/14
Thurs. Aug. 17
7:00 p.m.
            Our Wild Neighbors and How to Coexist with Them
7:46 p.m.
             Birds of Prev
8:06 p.m.
            Protecting Yourself from Scams and Fraud
9:35 p.m.
            Dehydration and Heat Stroke: What You Need to Know
9:50 p.m.
            In the Know – with Norfolk County Sheriff Patrick McDermott
Fri. Aug. 18
7:00 p.m.
            The Power of Trusts
7:50 p.m.
            Finance Committee- 7/12
9:29 p.m.
            Planning Board -8/8
Sat. Aug. 19
             Select Board Meeting -8/14
7:00 p.m.
             Followed by Health Links: Art and Music Therapy
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Please note programs are subject to change without notice. For more information on programs, producing your own project, or internships contact us at 508-376-7057 or e-mail us at milliscommunitymedia@gmail.com

## Millis Community Media Programs for August 20, 2023 – August 26, 2023

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Sun. Aug. 20
7:00 p.m.
           Health Links: Parkinson's Disease – part 1
8:00 p.m. Health Links: Parkinson's Disease – part 2
9:00 p.m. 3A MBTA Zoning Public Meeting – 8/2
Mon. Aug. 21
7:00 p.m. Hydration & Heat Stroke: What You need to Know
7:15 p.m. Health Links: Art and Music Therapy
8:15 p.m. Select Board – 8/14
Tues. Aug. 22
7:00 p.m.
           Good Deeds with the Norfolk County Registrar of Deeds
7:30 p.m.
           Finance Committee – 7/12
9:09 p.m.
           Planning Board – 8/8
Wed. Aug. 23
7:00 p.m.
           Antiques Appraisal Day 2023 w/ Coyle's Auction Gallery
            Followed by Emergency Preparedness -be ready
           Then... Health Links: Art and Music Therapy
Thurs. Aug. 24
7:00 p.m.
           In the Know with Norfolk County Sheriff Patrick McDermott -summer safety
7:30 p.m. Extreme Survival w/ author Michael Tougias
8:35 p.m. Good Deeds – with the Norfolk County Registrar of Deeds
9:05 p.m. Finance Committee -7/12
Fri. Aug, 25
7:00 p.m. The Life & Times of Walter Prescott – Millis at the turn of the 20<sup>th</sup> century- photos
9:07 p.m. Emergency Preparedness
Sat. Aug. 26
7:00 p.m. Dehydration & Heat Stroke
7:15 p.m. Health Links: Brain Health
8:15 p.m. Select Board - 8/14
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Please note programs are subject to change without notice. For more information about producing your own project or to be a community intern call MCM at 508-376-7057 or e-mail us at millscommunitymedia@gmail.com

Millis Community Media Programs for August 27, 2023 – September 2, 2023

Sun. Aug. 27 7:00 p.m. Good Deeds – with the Norfolk County Registrar of Deeds 7:30 p.m. The History of the Jewish Hotels of Millis- a 2009 Historical Society presentation 9:05 p.m. For Your Health: Seasonal Allergies 9:35 p.m. Antiques Appraisal Day 2023 Mon. Aug. 28 7:00 p.m. Select Board – 8/14 Followed by Dehydration & Heat Stroke: What You Need to Know Tues. Aug. 29 MHS Award Winning Film Makers and Artists 7:00 p.m. 7:15 p.m. Planning Board – 7/11 Followed by The Power of Trusts and For Your Health: Diabetes Wed. Aug. 30 7:00 p.m. Extreme Survival with author Michael Tougias 8:05 p.m. Emergency Preparedness 9:10 p.m. Antiques Appraisal Day '2023 9:40 p.m. Birds of Prey Thurs Aug. 31 7:00 p.m. Good Deeds with Norfolk County Registrar of Deeds 7:30 p.m. Health Links: Art and Music Therapy 8:30 p.m. 3A MBTA Advisory Comm. meeting – 8/2 Fri. Sept. 1 7:00 p.m. Select Board - 8/14 Followed by Extreme Survival with author Michael Tougias & Antiques Appraisal Day Sat. Sept. 2 Protecting Yourself from Scams and Fraud 7:00 p.m. 8:30 p.m. The Power of Trusts The Life & Times of Walter Prescott – 19<sup>th</sup> & 20<sup>th</sup> c. Millis in photos 8:20 p.m.

You can watch programming anytime on our website at <a href="www.millismedia.org">www.millismedia.org</a> or on our YouTube Channel or Facebook page.

## Millis Community Programs for September 3 2023 – September 9, 2023

Sun. Sept. 3

7:00 p.m. The History of the Jewish Hotels of Millis

8:35 p.m. Finance Committee -7/12

Mon. Sept. 4

7:00 p.m. Select Board meeting – 8/14

Followed by Hydration and Heat Stroke

Tue. Sept. 5

7:00 p.m. Planning Board -8/8

Followed by Health Links: Brain Health

Good Deeds – with Norfolk County Registrar of Deeds

Wed. Sept. 6

7:00 p.m. Health Links: Art and Music Therapy

8:00 p.m. 3A MBTA Zoning Advisory Committee meeting- 8/2

Followed by Antiques Appraisal Day 2023 – w/ Coyle's Auction Gallery

Thur. Sept. 7

7:00 p.m. Good Deeds

730 p.m. Select Board meeting – 8/14

Followed by Emergency Preparedness – be ready for unexpected events

Fri. Sept. 8

7:00 p.m. Extreme Survival w/ author Michael Tougias

8:05 p.m. Antiques Appraisal Day w/Coyle's Auction Gallery

Followed by Health Links: Art and Music Therapy

Sat. Sept. 9

7:00 p.m. The Life & Times of Walter Prescott – 19<sup>th</sup> & 20<sup>th</sup> c. photos of Millis 9:07 p.m. History of the Jewish Hotels of Millis –encore 2009 history presentation

Watch MCM videos on demand on our website at <a href="https://www.millismedia.org">www.millismedia.org</a> or our YouTube channel or Facebook page.

