July 2023 Program Listings

Please note programs are subject to change without notice. All programs are copyrighted and may not be used elsewhere in part or in whole.

Millis Community Media Programs for July 2, 2023 – July 8, 2023

Sun. July 2	
7:00 p.m.	Select Board meeting – 6/20
	Followed by Extreme Survival with author Michael Tougias
	Then followed by Award Winning Student Artists and Film Makers from MHS
Mon. July 3	
7:00 p.m.	Planning Board meeting 6/13
7:45 p.m.	Health Links: Brain Health
8:45 p.m.	Antiques Appraisal Day 2022 with Michael Coyle of Coyle Auction Gallery
9:15 p.m.	Fairy House Walk Health Links: Barkinson's Disease - part 2
9:18 p.m.	Health Links: Parkinson's Disease – part 2
Tues. July 4	
7:00 p.m.	The Life & Times of Walter Prescott -19 th & early 20 th C. Millis history in photos
9:07 p.m.	The History of the Jewish Hotels of Millis – a 2009 Historical Society presentation
Wed. July 5	
7:00 p.m.	For Your health: Seasonal Allergies
7:30 p.m.	MHS Artists and filmmakers Antiques Approisal Day 2022
7:55 p.m. 8:25 p.m.	Antiques Appraisal Day 2022 Emergency Preparedness
9:34 p.m.	Extreme Survival w/ author Michael Tougias
3.54 p.iii.	Extreme survivar wy dutifor finemaer roughds
Thurs. July 6	
7:00 p.m.	Our Wild Neighbors and How to Coexist with Them
7:46 p.m.	Birds of Prey
8:06 p.m.	Select Board meeting – 6/20
Fri. July 7	
7:00 p.m.	Health Links: Brain Health
8:00 p.m.	Antiques Appraisal Day 2022
8:30 p.m.	Emergency Preparedness
9:39 p.m.	Birds of Prey
Sat. July 8	
7:00 p.m.	The Life & Times of Walter Prescott – 19 th & 20 th c. photo history of Millis
9:07 p.m.	Health Links: Parkinson's Disease – part 2

To view our programs on demand, visit our website at www.millismedia.org or visit our Facebook page or YouTube channel.

Millis Community Media Programs for July 9, 2023 – July 15, 2023

```
Sun. July 9
7:00 p.m.
            3A MBTA Zoning Update
7:06 p.m.
            Fairy House Walk
            Extreme Survival with author Michael Tougias
7:09 p.m.
8:14 p.m.
            Our Wild Neighbors and How to Coexist with Them
            For Your Health: Seasonal Allergies
8:54 p.m.
9:24 p.m.
            Birds of Prey
Mon. July 10
7:00 p.m.
             Select Board - live
Tues. July 11
7:00 p.m.
             For Your Health -Seasonal Allergies
7:30 p.m.
             Planning Board-live
Wed. July 12
7:00 p.m.
            Finance Committee - live
Thurs. July 13
7:00 p.m.
             Our Wils neighbors and How to Coexist with Them
7:46 p.m.
             Birds of Prey
8:06 p.m.
             Planning Board – 7/11
             Followed by Emergency Preparedness
Fri. July 14
7:00 p.m.
             The Power of Trusts
7:50 p.m.
             Health Links: Parkinson's Disease – part 2
             Finance Committee – 7/12
8:50 p.m.
Sat. July 15
7:00 p.m.
             Select Board meeting -7/10
             Followed by Planning Board – 7/11
```

To view our programs on demand, visit our website at www.millismedia.org or visit our Facebook page or YouTube Channel.

Please note programs are subject to change without notice. For more information on programs, producing your own project, or internships contact us at 508-376-7057 or e-mail us at milliscommunitymedia@gmail.com

Millis Community Media Programs for July 16, 2023 – July 22, 2023

Sun. July 16 7:00 p.m. Health Links: Parkinson's Disease – part 2 8:00 p.m. Our Wild Neighbors and How to Coexist with Them 8:46 p.m. Award Winning Student Artists and Film Makers from MHS 9:00 p.m. Millis PFAS Update 9:07 p.m. 3A MBTA Zoning Update 9:13 p.m. Finance Committee -7/12Mon. July 17 7:00 p.m. Select Board – 7/10 Followed by For Your Health: Seasonal Allergies and The Power of Trusts Tues. July 18 7:00 p.m. **Protecting Yourself from Frauds and Scams** Planning Board – 7/11 Followed by Antiques Appraisal Day 2922 8:30 p.m. Wed. July 19 7:00 p.m. PFAS Update 7:07 p.m. 3A MBTA Zoning Update 7:14 p.m. Health Links: Parkinson's Disease -pert 1 8:14 p.m. Health Links: Parkinson's Disease – part 2 9:14 p.m. The Power of Trusts Thurs. July 20 7:00 p.m. 3A MBTA Zoning Update 7:06 p.m. Antiques Appraisal Day '22 7:36 p.m. Emergency Preparedness 8:41 p.m. Finance Committee – 7/12 Fri. July 21 7:00 p.m. The Life & Times of Walter Prescott 9:07 p.m. Extreme Survival Sat. July 22 7:00 p.m. Dehydration & Heat Stroke followed by Health Links: Brain Health

Please note programs are subject to change without notice. For more information about producing your own project or to be a community intern call MCM at 508-376-7057 or e-mail us at millscommunitymedia@gmail.com

Millis Community Media Programs for July 23, 2023 – July 9, 2023

Sun. July 23 7:00 p.m. For Your Health: Diabetes 7:30 p.m. The History of the Jewish Hotels of Millis- a 2009 Historical Society presentation 9:05 p.m. For Your Health: Seasonal Allergies 9:35 p.m. Antiques Appraisal Day 2022 Mon. July 24 7:00 p.m. Select Board - 7/10 Followed by Dehydration & Heat Stroke Tues. July 25 7:00 p.m. MHS Award Winning Film Makers and Artists 7:15 p.m. Planning Board – 7/11 Followed by The Power of Trusts and For Your Health: Diabetes Wed. July 26 7:00 p.m. Extreme Survival with author Michael Tougias 8:05 p.m. Emergency Preparedness 9:10 p.m. Antiques Appraisal Day '22 9:40 p.m. Birds of Prey Thurs July 27 7:00 p.m. Health Links: Parkinson's Disease – part 1 8:00 p.m. Health Links: Parkinson's Disease – part 2 9:00 p.m. Dehydration and Heat Stroke Fri. July 28 7:00 p.m. Select Board - 7/10 Followed by Extreme Survival with author Michael Tougias & Antiques Appraisal Day Sat. July 29 Protecting Yourself from Scams and Fraud 7:00 p.m. 8:30 p.m. The Power of Trusts The Life & Times of Walter Prescott – 19th & 20th c. Millis in photos 8:20 p.m.

You can watch programming anytime on our website at www.millismedia.org or on our YouTube Channel or Facebook page.

Millis Community Programs for July 30, 2023 – August 5, 2023

Sun. July 30

7:00 p.m. The History of the Jewish Hotels of Millis

8:35 p.m. Finance Committee -7/12

Mon. July 31

7:00 p.m. Select Board meeting – 7/10

Followed by Hydration and Heat Stroke

Tue. Aug. 1

7:00 p.m. Planning Board -7/11

Followed by Health Links: Brain Health For Your Health: Seasonal Allergies

Wed. Aug. 2

7:00 p.m. Duos: Piano, Tango, and Flamenco - concert & dance performance

8:00 p.m. Health Links: Parkinson's Disease – pert 1 9:00 p.m. Health Links: Parkinson's Disease – part 2

Thur. Aug 3

7:00 p.m. PFAS Update

&06 p.m.3A MBTA Zoning Update8:13 p.m.Select Board - 7/10

Fri. Aug. 4

7:00 p.m. Duos: Piano, Tango, and Flamenco – concert & dance performance

8:00 p.m. Emergency Preparedness 9:09 p.m. Hydration and Heat Stroke

Sat. Aug. 5

7:00 p.m. Planning Board -7/11

Followed by The Life & Times of Walter Prescott – 19th & 20th c. photos of Millis

Watch MCM videos on demand on our website at www.millismedia.org or our YouTube channel or Facebook page.